

## **Ideas for Human Care Activities**

The scope of Human Care activities is as diverse and far reaching as the spectrum of people's needs. The form of these activities is best when it reflects specific needs paired with relevant resources. Below are some ideas that may be developed into ministries fitting for your congregation. They are grouped according to inreach, outreach, and global activities – but many are overlapping. Be creative in developing ministries that fit your unique needs and resources.

### **Inreach**

Health issues – parish nursing, screenings

Provide meals for sick, elderly, bereaved, etc.

Visit sick, hospitalized, bereaved, shut ins, etc.

Provide transportation as needed

Distribute recordings of Sunday services

Card ministry

Prayer ministry

Stephen ministry

Senior ministry

Care of church staff

Connect to local services

Mentoring

### **Outreach**

Provide space for 12 step programs, community meetings, candidate nights, etc.

Developmental Disabilities, autism, mental health programs

Vouchers for food, housing, transportation

Clothes closet

Affordable housing

Shelter for homeless

Food pantries

Programs for parenting, health fair

Foster care

Disasters – prepare for, respond to

Be aware of child and elder abuse issues and resources for help

Volunteer in the community:

    Literacy programs, tutoring, teacher's aid

Provide comfort dogs

Sanctity of life

Outreach to military persons, families, veterans

### **Global**

Malaria initiative

Projects such as prayer shawls, kits, quilting with agencies such as Lutheran Social Services, LCMS World Relief, Lutheran World Relief