

RESTORE TO ME THE

CNH Worker Wellness Grant

Joy



The CNH District provides efficient and effective resources and opportunities for God's people to live healthy lives in all areas: physical, emotional, mental, and spiritual well-being. The "Restore to Me The Joy" grant allows for church workers (called or hired staff) to apply for funds in two ways...

1 » OUTINGS: Plan an outing with at least three church workers, from at least two schools or congregations that allows you to participate in something that encourages support, encouragement, connection, and collaborations. These outings might include camping, golfing, biking, fishing, a ball game, or any other various activity. *Applicants may be granted up to \$250.*

2 » RETREATS: Church worker retreats - district established groups (i.e., circuits) or gatherings of specific groups (i.e., DCE's, Administrators, language specific, etc.) that are looking for a more robust retreat setting. These groups must include the invites to many congregations or school staff, and be focused on prolonged time together. *Grants for Church Worker retreats may be applied to for up to \$1500.*

Please submit completed application to: renee@cnh-lcms.org

Name (First & Last): _____ Phone #: _____

Congregation/School Name & City: _____

Type of Activity: _____

Date of Planned Activity: _____ Location of Activity: _____

Who is involved in the activity? (List all names): _____

How will this enhance your wellness, and allow you to "Return to Joy" in your work?



Don't forget to take a group photo!

One simple thing we ask in return is for you to share your experience in a few sentences and send a group photo of this event to inspire others to apply for the grant and benefit their wellness.

SIGNATURE

DATE

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