



## Course Syllabus and Schedule

# Humbition

Built on extensive research and filled with practical ideas you can implement immediately, this class provides a model of servant leadership that will transform you and your ministry.

## **Session and Topic:**

1. Self-Awareness
2. Both/And Thinking  
Open-Mindedness
3. Vulnerability  
Appreciation  
Generosity



# Mindfulness

In this class, you'll learn the unique productivity perspective of a knowledge worker, debunk seven common productivity myths, and discover seven alternative practices to replace them.

By applying the insights, strategies, planning tools, and templates I provide, you can design a more productive daily routine. This course is a key resource for balancing work and personal life.

# Planning

In this class, you'll learn how to use Objectives and Key Results (OKRs) - a planning process designed to identify and overcome your gnarliest problems and biggest challenges.

**Session and Topic:**

1. Building an OKR
2. One-on-one coaching



# Coaching

In this class you'll learn how to use questions to improve the performance of your teammates individually and collectively.

# Managing Conflict

In this class, we take a fresh look at the Tuckman Model of Group Development. While the Tuckman model is over 50 years old, new research on psychological safety confirms and expands on his insights on managing and leveraging conflict's transformational power.

## **Session and Topic:**

1. Forming and Storming
2. Norming. Performing and adjourning

# Course Schedule

Week 1: Humbition

Week 2: Humbition

Week 3: Humbition

Week 4: Mindfulness

Week 5: Strategic Planning

Week 6: Coaching

Week 7: Conflict Management

Week 8: Conflict Management

Week 9 and following: OKR coaching session\*

\*You will receive one personal coaching session to complete your strategic plan. This will be scheduled at your convenience.